

26 April 2016

Dear Parent/Carer

### **Ten Tors Expedition 2016**

As I'm sure you are now aware, your son/daughter has made it to the final team selection and will be endeavouring to complete the 35 mile Ten Tors challenge on **6, 7 and 8 May**. Everybody who has trained for the event has done incredibly well and it's a shame that not everyone could be included in the team. This makes the achievement of reaching the final seven even more impressive.

We need to take students to Okehampton Camp on Friday 6 May in the morning, to ensure we make our way through the long registration and scrutineering process. Therefore, can your son/daughter be in school by **08.00**? We hope to leave school as promptly as possible, as hundreds of other teams will also be making their way to Okehampton. It is imperative that your son/daughter has every item on the kit list, labelled clearly in their rucksack. If they don't, it severely holds up the scrutineering process and they could even be disqualified from the event for having inappropriate or missing kit. (The kit list is attached.) Students need to wear old clothes for Friday and it is highly advisable that they bring wellies as Okehampton Camp often gets very muddy. Any property they bring with them on Friday which they won't need for the event can be left at Okehampton Campsite and be collected when they finish on Sunday. Please note it is an open campsite, and although we will strive to look after all belongings we cannot accept any responsibility for missing kit.

Students will be camping at Okehampton Camp on Friday night, where they will be given a hot meal in the evening and a hot breakfast Saturday morning before the event starts at 7.00am. When the event begins, they are under the supervision of the Army. Team managers are not allowed to help teams, so it is completely down to the team to successfully navigate their way around the Ten Tors they are visiting.

During the course of the weekend, you will be able to track the progress of the team via the Ten Tors website. The address is <http://events.exeter.ac.uk/tentors/>. You then simply need to follow the links to track the team. You will require their team code (1228) and name (The Castle School) in order to follow them. Obviously we are running two teams this year, so just make sure you track the correct one. The route they will be working will be published from 08.00 on Friday 6 May, so we will be able to tell you which team is following which route.

I hope you will be able to make it to Okehampton Camp on Sunday to see your son/daughter finish. If you can't could you arrange for your son/daughter to be brought home by another parent please? If not, we will have a few spaces on the minibus to bring your son/daughter home but if you could let me know in advance we will be able to reserve a seat. The finish is very exciting and you will see your son/daughter cross the line and receive their medal and certificate. To get an idea of the time they will finish, feel free to ring or text me on **07796 162309** either Saturday evening or Sunday morning. You may also wish to ring me in order to locate me at the campsite. That way I can point you in the right direction. I would recommend getting to Okehampton as soon as you can on Sunday morning as the site quickly fills up. Please be aware there is a charge of £5.00 for parking at the site.

I anticipate you may have some questions about the event, so please contact me either by phoning the school or sending an e-mail. My address is [mnorris1@educ.somerset.gov.uk](mailto:mnorris1@educ.somerset.gov.uk).

Please could the attached slip and the sum of **£15.00** for the cost of the weekend, (including food) be returned by **Wednesday 4 May**. There is also some additional information with this letter which I advise you to take with you if you are intending to be at the finish.

We have also ordered hoodies for the event, they will have The Castle School logo and their names on. The cost of these hoodies is **£16.00** and should also be paid to the Finance Office by **6 May**. These will be an excellent memento of the event and they will be able to wear them again and again.

Finally, I would like to stress again how well your son/daughter has done to make the final team. It has been a pleasure training them. Also, thank you for your support, and for dropping your son/daughter at the school at ridiculous times of the morning!

Yours sincerely

Marie Norris  
**Trip Leader**

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**Ten Tors Event – 6-8 May 2016.**

**Please return completed form to the Finance Office by 4 May.**

I agree to my son/daughter..... Form..... taking part in the Ten Tors Challenge from 6-8 May. I have read, understood and am satisfied with the details supplied about the above-mentioned activity. I will/will not be attending the finish on Sunday 8 May\*.

I enclose cash/cheque for ..... (made payable to The Castle School)/I have paid online, or by credit/debit card\*. (\*Please delete as applicable).

I am currently receiving the Free School Meals Grant

Signed (Parent/Carer)..... Date.....

## Ten Tors Equipment and Clothing List

### Individual Equipment

- A 65 litre rucksack with a separate waterproof lining. (The weight carried should be no more than 13.6 kilos (30lbs)).
- 2 base layers e.g. vest, a/c or wicking shirt
- 2 middle layers e.g. long sleeved shirts, micro fleece
- Outer insulation layer e.g. fleece
- 2 pairs of walking trousers
- 2 pairs of thick socks
- Boots offering ankle support.
- A waterproof jacket with a hood.
- Waterproof trousers
- Gaiters
- Gloves/Mittens
- Hat
- Sleeping mat
- Sleeping bag in waterproof bag.
- Food to last 1 ½ days.
- Emergency rations- (high energy foodstuffs and a hot drink) clearly marked in a sealed bag.
- Water: 2ltrs.
- Water sterilisation (48 hrs in date)
- Fork and mug.
- Matches and toilet paper!
- Whistle
- LED head torch
- Personal First Aid kit.

### Team Equipment

- Tents
- Stove x 2
- Fuel Containers x2
- First aid pack x 2
- High Visibility bands

All team equipment will be provided by the school.

