

The Castle School PE 2016-2017 Timetable – Spring 1

	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5
<b>Monday</b>	Year 10b – Les 1 Trampoline – C Fitness Suite – D1 Handball - D2  Circuits - D Football - C	<b>Yr 10C GCSE Theory</b> RJ – Q14 SJ – J13	Year 9b – Lesson 2 Circuits - D Netball - C  Tae Kwon Do - D1 Fitness S – C Basketball- D2	Year 10a – Lesson 1 Trampoline– D2 Fitness Suite – D1 Handball – C  Circuits - D Football - C	Year 9a – Lesson 1 Spinning – C Basketball – D2 Boxercise – D1  Circuits - D Football – C
<b>Tuesday</b>	Year 11b – Les 2 Netball - C Dance Fit- D  Handball – D Table Tennis – C	Year 8a – Lesson 1 Handball – C Table Tennis – D2 Netball – D1  Badminton - C X country - D	Year 7b – Les 1 Netball (D2) Table Tennis (D1)  Gymnastics (D2) Football (D1)  <b>Yr 10A GCSE Theory</b> MR CC	Year 9a – Lesson 2 Circuits – D Netball - C  Basketball – D2 Fitness Suite – C Tae Kwon do-D1  <b>Yr 10A GCSE Theory</b> MR CC	Year 7a – Lesson 1 Netball (D2) Table Tennis (D1)  Gymnastics (D2) Football (D1)  <b>Year 11C GCSE PE Theory</b> JBO SJ
<b>Wednesda</b>	Year 11a – Les 1 T Tennis-D Badminton – C  Football D HRF - C	Year 8b - Lesson 1 Netball – D1 Table Tennis – D2 Handball – C  X Country - D Badminton – C	<b>Yr 10C GCSE Practical</b> RJ - SJ –	Year 11b – Lesson 1 Table Tennis– D Badminton – C  Football – D HRF - C	Year 10b – Lesson 2 Netball - C Badminton - D  Tae Kwon do – C Table Tennis – D2 Hockey – D1
<b>Thursda</b>	Year 8a – Lesson 2 Badminton C HRF - D  Handball – D2 Table Tennis – D1 Football – C	<b>Year 10A GCSE Practical</b> CC – MR –	<b>Year 11C GCSE Practical/Circuits</b> JBO SJ	Year 7a – Lesson 2 Table Tennis (D2) Netball (D1)  Gymnastics (D1) Football (D2)	Year 11a – Lesson 2 Netball – D Dance Fit - C  Handball – D Table Tennis–C
<b>Friday</b>	<b>Year 11B GCSE PE Practical/Circuits</b> MR CC	Year 10a – Lesson 2 Badminton - D Netball – C  Tae Kwon do – C Table Tennis – D2 Hockey – D1  <b>Year 11B GCSE PE Theory</b> MR CC	<b>Year 10C GCSE Theory</b> SJ – J13 RJ – Q14  Year 7b – Lesson 2 Netball (D1) Table Tennis (D2)  Gym (D1) Football (D2)	Year 8b – Lesson 2 Badminton C HRF - D  Handball – D2 Football – C Table Tennis – D1	Year 9b – Lesson 1 Boxercise –D1 Spinning – C Basket – D2  Football - C Circuits – D