

Week 1	Monday (<i>Indian Day</i>)	Tuesday	Wednesday	Thursday	Friday
Main meals	Chicken Curry & Rice (gf)	Sausage and Mash With Onion Gravy	Roast Pork With Apple Sauce (gf)	Chicken & Mushroom Pie With Mash	Chip Shop Selection
Veggie main meal	Vegetable curry & Rice (gf)	Quorn Sausage & Mash With Onion Gravy (gf)	Vegetable Parcel	Quorn & Mushroom Pie With Mash	Chip Shop Selection
Accompaniments	All main meals served with selection of vegetables and potato of the day				
Hot baguette/ wrap of the day	Please see board for flavour of the day				
Pasta	Pasta pots available every day Please see board for the daily choice of two different sauces				
Also Available daily	Pudding of the day, assorted filled sandwiches, baguettes, panini, fresh salads, homemade cakes				

gf = gluten free. Most other menu items can be provided to suit a gluten-free diet on request, if pre-ordered. Please contact the canteen to discuss.

