## Dear Parents/Carers

## Invitation to Year 10 and 11 Parents – Wednesday 20 March

We are very pleased to invite you to a talk in the hall at school next Wednesday evening, 20 March from 6.00-7.15pm. Bradley Busch will be coming to talk to parents from 6.00-7.00pm focusing on growth mindset and effective strategies in supporting students through exams. This will be followed by a 10 minute talk by Nathan McGurl from 'The Study Buddy' who will talk about an innovative way of managing a GCSE revision workload.

Please see below details of Bradley's background and a quick summary of what he'll cover in his talk. This is a free event and we very much hope you'll be able to come.

## Bio for Bradley:

"Bradley Busch is a chartered psychologist and director of InnerDrive. He is one of the leading experts on how psychological research can best help students, teachers and parents improve how they think, learn and perform. He has written two regular blogs for The Guardian: 'The Science of Learning and Teaching' and 'Lessons from Research' as well as the award winning book 'Release Your Inner Drive'. Outside of education, he works with Premiership and international footballers, and helped members of Team GB win medals at London 2012 and Rio 2016."

## Summary of workshop:

"Our parent growth mindset workshop uses the latest psychological research to help parents help their children develop a growth mindset. This includes understanding the importance of hard work, how to ask for and use feedback better, how to cope better with setbacks and how to embrace new situations and change. As a result, students will be better equipped to be resilient learners. The workshop covers numerous strategies and tips that parents can start implementing straight away."