

The Castle School - Autumn 2021-2022 S and N Extra Curricular Programme – 4/10/2021

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Before School	Not available as access to school at 8.40				
Lunch	Year 7 Fitness Suite Year 9 Girls' Football Astro - Boots and Shin pads Year 10 Girls' Football Astro – Boots and Shin pads	Year 8 Fitness Suite	Year 11 Fitness Suite	Year 10 Fitness Suite	Year 9 Fitness Suite Year 7 Girls' Football Astro – Boots and Shin pads Year 8 Girls' Football Astro – Boots and Shin pads Year 10 Boxercise DSS – Just trainers
Afterschool	Year 11 Badminton Year 11 Rugby RJ Year 11 Hockey SJ Year 7 Archery (3 weeks) trainers only	<u>Year 7 Night</u> Year 7 Boxercise DSS Year 7 Fitness Suite Year 7 Hockey Year 7 Rugby Year 7 Badminton Year 7 Table Tennis	<u>Year 8 Night</u> Year 8 Hockey Year 8 Rugby Year 8 Fitness Suite Year 8 Badminton Year 8 Table Tennis	<u>Year 9 Night</u> Year 9 Hockey Year 9 Basketball Year 9 Fitness Suite Year 9 Table Tennis Year 9 Boxercise	<u>Year 10 Night</u> Year 10 Rugby Year 10 Hockey Year 10 Basketball Year 10 Table Tennis