

Anti-Bullying



What is Bullying?

Bullying usually involves a person or group exploiting the fact that they feel more powerful than another. This can be acted out through physical or emotional harm - or both. Bullying takes on many forms, such as: leaving people out of a social circle; racist and homophobic abuse; being singled out as 'different'; sexual abuse and discrimination; being taunted about your family situation; being forced to hand over money and possessions; and physical and violent attacks.

As technology continues to develop at a rapid rate, bullies are finding new

ways to pick on their victims. Happy Slapping is the latest craze, where bullies take pictures or video clips of physical attacks to send on.

Texting and emailing threatening messages is another form of bullying that is on the rise, with one in five children now reporting that they have been bullied in this way.

www.thesite.org

How can we help?

If you need to talk to someone, scan the QR code, fill out the form online or email us:

safe@educ.somerset.gov.uk

Useful websites

www.childline.org.uk

www.kidscape.org.uk

www.bullying.co.uk

www.antibullying.net

www.education.gov.uk



email: safe@educ.somerset.gov.uk
web: www.castleschool.co.uk/SAFE



SAFE

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