



Year 11 Study Evening

Monday 31st January 2022

Mr Wordsworth – Deputy Headteacher and Year 11 Lead



Welcome

- Priorities for Year 11
 - PPEs (pre-public exams)
 - Wellbeing – support and success
 - Awards, rewards, positive recognition and celebration events
 - Post-16 progression pathways
 - Belonging and participating
 - Revision classes and intervention



Do you know how to revise?

- The purpose of revision is to build knowledge. Revisiting content again and again means it will stay in your brain!
- It isn't going to just happen... being in lessons is a good start, but you are going to need to do much more than this
- Being 'present' or being 'busy' doesn't mean you are learning
- You need to be tactical and focussed with revision...



Part
1

Organizing Your Revision



- Quiet, well lit space
- No phone or social media
- Avoid distractions but do what helps you – music for example
- Revise in different places if it helps you – library, different rooms, coffee shop – if you're not at home, no TV or console



How to revise



- A timetable, or plan of some sort, will help keep you focussed and will also reduce anxiety – you are in control and you can see your goals being met
- Even a list of topics that you can tick off will help



How to revise

Part
2

Revising Actively



- Revise actively – doesn't mean walk around reading...
- To revise successfully, you have to do something with your information/knowledge – this might include:
 - Mindmap/poster/cards
 - Exam Qs / practice applying
 - Quizzing
 - Read and summarise
- Don't just read or highlight – do more with the information



How to revise





- Find support this year – from family, friends, teachers and school staff
- You are not alone in this and we've been through it all before – so we know what you need and how to help
- Manage your year with the right balance of relaxation, enjoyment and hard work


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CALM ZONE

There are lots of way to feel calmer. It's about finding what works for you. Try some of our breathing exercises, activities, games and videos to help let go of stress.

On this page

- Activities and tools
- Breathing exercises
- Expressing yourself
- Yoga videos



HIDE PAGE





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Last updated on: 03/02/2020 at 15:58:45

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Help your child beat exam stress

Tests and exams can be a challenging part of school life for children and young people and their parents or carers. But there are ways to ease the stress.

Mental health and wellbeing



How to support your child

- Watch for stress
- Make sure your child eats well
- Help your child get enough sleep
- Be flexible during exams
- Help them study
- Talk about exam nerves
- Encourage exercise during exams
- Do not add to the pressure
- Make time for treats
- Manage their devices with them



How long have we got left?

13 school days until February half term

30 school days until the Easter break

Then, three school weeks (15 days)

16th May - Formal GCSE external exams begin

You have **58** school days until the exams begin.



This evening...

A focus on the core subjects that all students will complete:

English (Literature and Language)

Maths

Science (either Combined (two GCSEs) or Separate (three GCSEs))

as well as a session on...

Metacognition and revision skills

Revision guides and other materials available to purchase online.

Tutor Groups	6.00pm – 6.10pm	6.15pm – 6.30pm	6.30pm – 6.45pm	6.45pm – 7pm	7pm – 7.15pm
11G1 11G2	Welcome and plan for the evening Mr Wordsworth	English Main Hall (stage end) Mrs Whysall	Maths Main Hall (new end) Mrs Sully	Revision Skills and Metacognition Small Hall Mr Simpson	Science Drama Studio Mr Collings
11O 11M		Science Drama Studio Mr Collings	English Main Hall (stage end) Mrs Whysall	Maths Main Hall (new end) Mrs Sully	Revision Skills and Metacognition Small Hall Mr Simpson
11Y1 11Y2		Revision Skills and Metacognition Small Hall Mr Simpson	Science Drama Studio Mr Collings	English Main Hall (stage end) Mrs Whysall	Maths Main Hall (new end) Mrs Sully
11R 11B		Maths Main Hall (new end) Mrs Sully	Revision Skills and Metacognition Small Hall Mr Simpson	Science Drama Studio Mr Collings	English Main Hall (stage end) Mrs Whysall



Thank you very much for taking the time this evening to be here and work with us to support your child.