

# Online Enrichment Programme

**YEAR 7**

**YEAR 8**

**YEAR 9**

**YEAR 10**

**YEAR 11**

**MON  
DAY**

**YEAR 7**

**Morning Workout**

Time: 8.30am - 8.45am Email: Mr R Jones

**YEAR 8**

**Morning Workout**

Time 8.30am - 8.45am Email: Mr R Jones

**YEAR 7**

**Cookalong Food Enrichment Club**

Time: 4.00-5.00pm Email: Mrs S Bowdler

**Virtual Running Club**

Time: 3.15 - 3.45pm Email: Mrs S James

**Virtual Choir**

Time: 3.15pm - 4pm Email: Mr Adams

**YEAR 8**

**Cookalong Food Enrichment Club**

Time: 4.00-5.00pm Email: Mrs S Bowdler

**Virtual Running Club**

Time: 3.15 - 3.45pm Email: Mrs S James

**Virtual Choir**

Time: 3.15pm - 4pm Email: Mr Adams

**YEAR 9**

**Cookalong Food Enrichment Club**

Time: 4.00-5.00pm Email: Mrs S Bowdler

**Virtual Running Club**

Time: 3.15 - 3.45pm Email: Mrs S James

**Virtual Choir**

Time: 3.15pm - 4pm Email: Mr Adams

**YEAR 10**

**Cookalong Food Enrichment Club**

Time: 4.00-5.00pm Email: Mrs S Bowdler

**Virtual Running Club**

Time: 3.15 - 3.45pm Email: Mrs S James

**Virtual Choir**

Time: 3.15pm - 4pm Email: Mr Adams

**YEAR 11**

**Cookalong Food Enrichment Club**

Time: 4.00-5.00pm Email: Mrs S Bowdler

**Virtual Running Club**

Time: 3.15 - 3.45pm Email: Mrs S James

**Virtual Choir**

Time: 3.15pm - 4pm Email: Mr Adams

**TUES  
DAY**

**YEAR 7**

**Morning Workout with Mr Jones**

Time: 8.30am - 8.45am Email: Mr R Jones

**Boxercise**

Time: 3.15pm - 3.45pm Email: Mr R Jones

**Virtual Orchestra**

Time: 3.15pm - 4pm Email: Mr Adams

**YEAR 8**

**Morning Workout with Mr Jones**

Time: 8.30am - 8.45am Email: Mr R Jones

**Boxercise**

Time: 3.15pm - 3.45pm Email: Mr R Jones

**Virtual Orchestra**

Time: 3.15pm - 4pm Email: Mr Adams

**YEAR 9**

**Boxercise**

Time: 3.15pm - 3.45pm Email: Mr R Jones

**Virtual Orchestra**

Time: 3.15pm - 4pm Email: Mr Adams

**YEAR 10**

**Boxercise**

Time: 3.15pm - 3.45pm Email: Mr R Jones

**Virtual Orchestra**

Time: 3.15pm - 4pm Email: Mr Adams

**YEAR 11**

**Boxercise**

Time: 3.15pm - 3.45pm Email: Mr R Jones

**Virtual Orchestra**

Time: 3.15pm - 4pm Email: Mr Adams

**WED  
NES  
DAY**

**YEAR 7**

**Write a French pop song!**  
(No song writing experience necessary)

Time: 3.15pm - 3.45pm Email: Mrs L Hopkins

**Environment Enrichment**

Time: 3.15pm - 3.45pm Email: Miss J Norton

**Lego Build Club**

Time: 3.00pm - 4.00pm Email: Mr J Batchelor

**YEAR 8**

**Write a French pop song!**  
(French students only. No song writing experience necessary)

Time: 3.15pm - 3.45pm Email: Mrs L Hopkins

**Lego Build Club**

Time: 3.00pm - 4.00pm Email: Mr J Batchelor

**YEAR 9**

**Write a French pop song!**

(French students only. No song writing experience necessary)

Time: 3.15pm - 3.45pm Email: Mrs L Hopkins

**YEAR 10**

**Write a French pop song!**

(French students only. No song writing experience necessary)

Time: 3.15pm - 3.45pm Email: Mrs L Hopkins

**YEAR 7**

**Morning Workout**

Time: 8.30am - 8.45am Email: Mr R Jones

**YEAR 8**

**Morning Workout**

Time: 8.30am - 8.45am Email: Mr R Jones

**YEAR 7**

**Boxercise**

Time: 11am -11.45am Email: Mr R Jones

**YEAR 8**

**Boxercise**

Time: 11am -11.45am Email: Mr R Jones

**YEAR 9**

**Boxercise**

Time: 11am -11.45am Email: Mr R Jones

**YEAR 10**

**Boxercise**

Time: 11am -11.45am Email: Mr R Jones

**YEAR 11**

**Boxercise**

Time: 11am -11.45am Email: Mr R Jones

**THURS  
DAY**

**FRI  
DAY**

**SATUR  
DAY**

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# Online Enrichment Programme

## Activities not day/time specific:

**Spanish Letter Exchange** - Year 9. Email Mrs A Court to be added to the group.

**Humanities Water Aid event** - All Years. Email Mr M Sullivan to register your interest. (Running throughout March).

**Virtual Faraday Challenge** - Years 7, 8 & 9. Bringing together STEM subjects (Science, Design & Technology, Engineering and Maths). Use your problem solving and communication skills to solve a real-world problem. Email Mr W George for more info.

**Gardening Club** - All Years. Are you a budding gardener? Get tips and advice on growing your own garden and share your results. Email Mr J Berriman to join.

**Cyber First** - Year 8 Girls. Email Mrs G Chapman if interested.