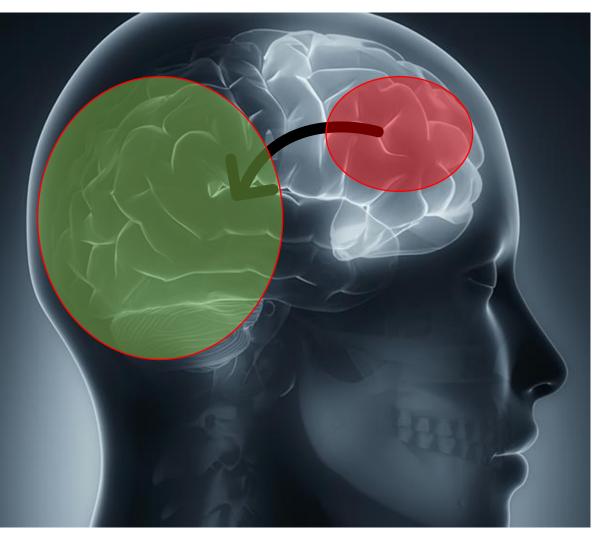
Preparing for Exams: Revision and Independent Study. Mr Simpson

Long Term Memory

More space!

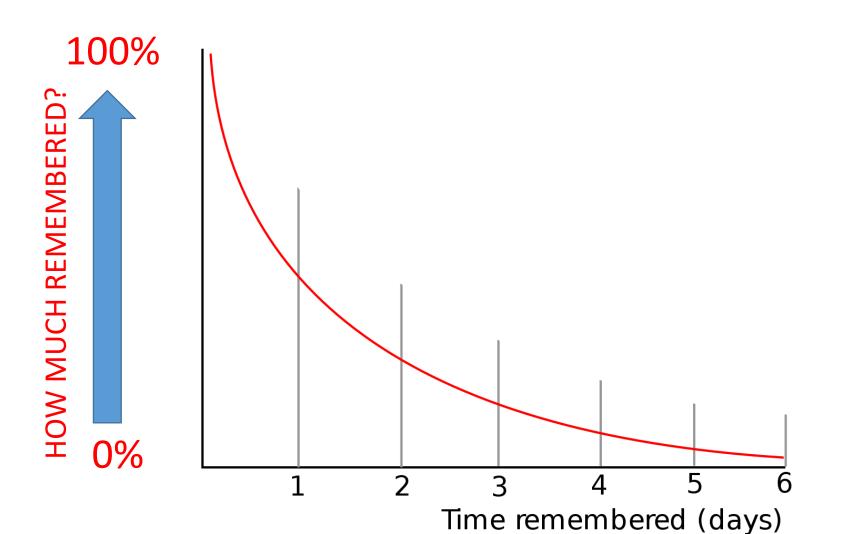
Less Tiring To access

Takes longer to get information and ideas in there.

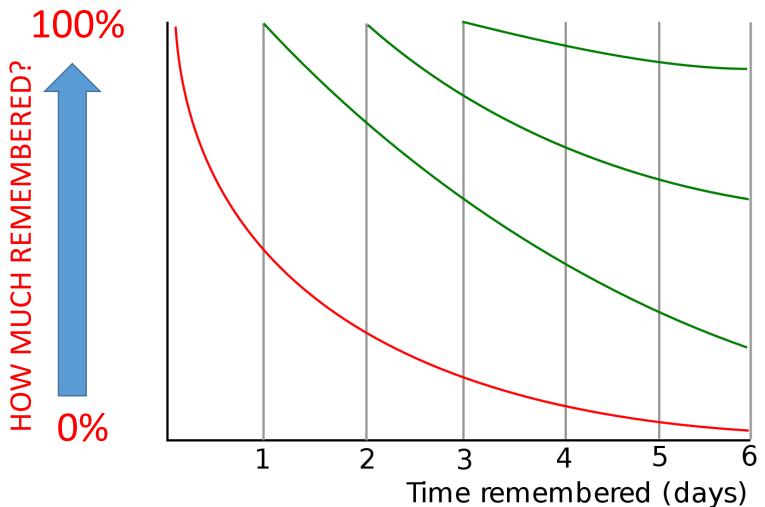


Working Memory Short term LIMITED Space Max. 4 to 7 things

Uses lots of Energy







REVISION + Independent Learning



- Planned subjects + themes
- Regular little + often
- Organised a place with everything you need
- Manage distractions phones, friends, noise, TV etc.

More Useful

Less Useful

"Memory is the residue of thought".

Daniel Willingham

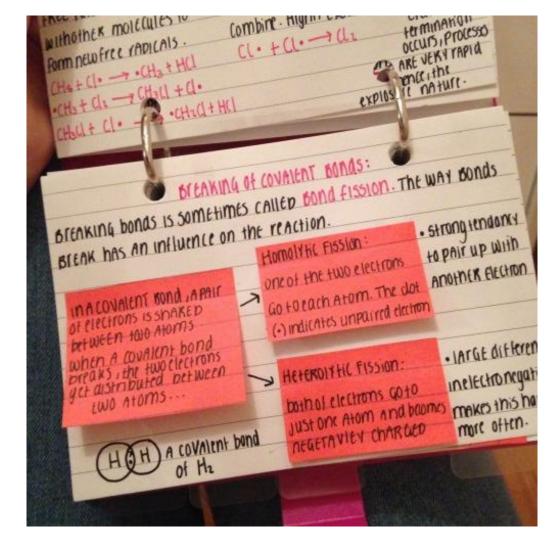
Explain / Teach it to someone else Use it to solve tricky problems Answer questions / do quizzes Test yourself with flash cards Make a mind map Making picture / explanation cards Write my own explanation Saying it / reading it out loud Saying it over and over in my head Copy it out Underline and highlight key words Read my notes

Top 5 <u>active</u> revision strategies to help you know, understand, remember



- Key points
- main ideas
- Key vocabulary and explanations









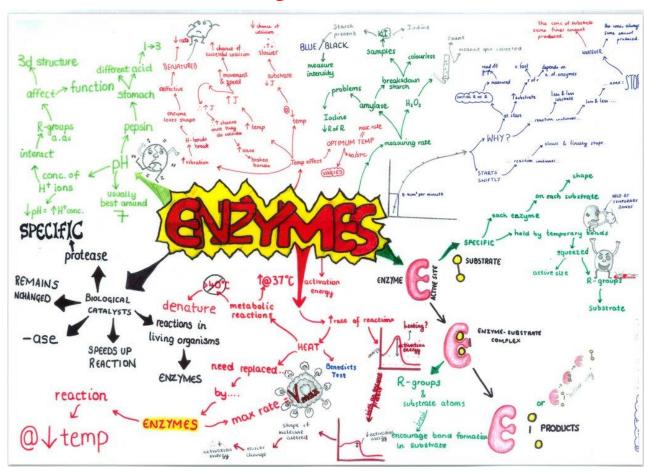


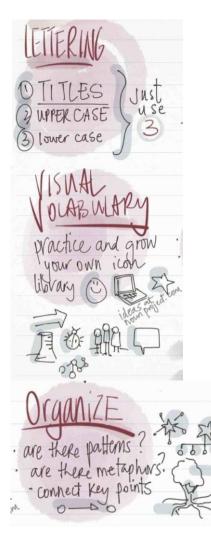
Bought or home made.

Question on one side, answers and key explanations on the other.

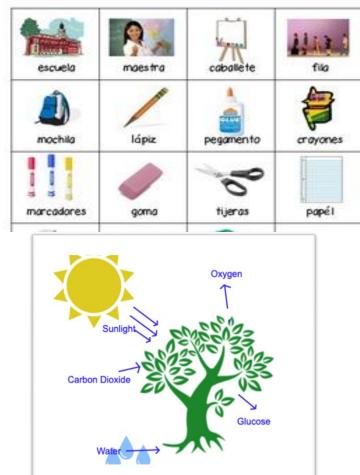
Use for look/cover/write/check, for Self Test, or for Testing / Explaining with a partner.

3: Map what you know





bras de la escue

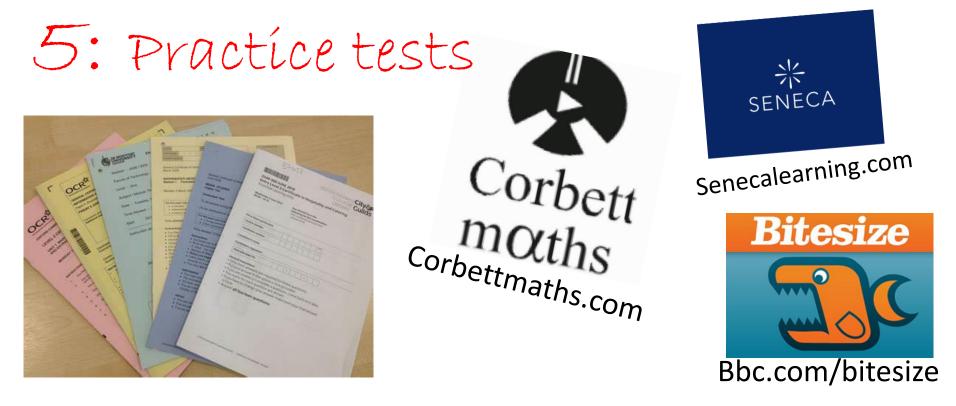


4: Dual Coding

Using <u>pictures</u> with **words.** Your brain has 2 chances to remember!

Great for learning **VOCab** where connecting a picture to a word can help remember the meaning. Don't get bogged down with the pictured being "perfect", they just need to be recognisable.

Try **expanding** on the idea by putting the picture on one side of a card, and the word on the other – and you can do some **"self test"**



Use past papers / practice tests / online quiz resources. The "Testing effect" is about getting your brain to do some work – when you have to

recall information or generate your own answer the knowledge becomes stronger and more memorable...

And all of these strategies work better if you also include an opportunity to:

- Explain, teach someone else
- Say it out loud
- Get someone to question you

"Memory is the residue of thought". Daniel Willingham

