

3 February 2023

Dear Parents/Carers

### **Year 9 PSHE Lesson - Pregnancy**

On **Monday 27 February**, your child's year group will be having a PSHE lesson in **Period 5** looking at pregnancy. This letter is to let you know the content of the lesson as we use a specialist team of teachers to teach the more sensitive areas to our students. Please could you let the school know if you feel your child may have any issues with the content of the lessons. All subjects are taught in a sensitive way and no student is asked to share any personal information about themselves, their wider families or circumstances. Also, if you are aware that your child is anxious around change to their routine could you talk the changes through with them.

Obviously, these subjects can raise interesting discussions at home. We would encourage parents to engage in exploring these topics further in order to embed the learning from school and to help your child develop their own opinions.

If you have any feedback either from yourself or from your child please don't hesitate to email me as this means that we can continue to develop an enriching and relevant PSHE programme.

The subject of the lesson is:

### **Pregnancy**

The learning objectives are:

- To look at the personal values in sexual relationships.
- The responsibility of contraception and the risks of unprotected sex. Knowledge of the main types of contraception, how to use these and where to find them.
- Being aware of your body and changes that may occur.
- Being aware of the choices around birth control and the choices around delivery during labour.
- To know that there are legal responsibilities that come with parenthood and how these affect adult life.

Yours sincerely



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