

4 September 2025

Dear Parents and Carers,

I hope this letter finds you well and that your child has had a positive start to the new academic year. As PSHE Lead at The Castle School, I am pleased to share with you the themes and topics we will be exploring in our Personal, Social, Health and Economic (PSHE) education programme this half term.

PSHE is a vital part of our curriculum, helping students develop the knowledge, skills and attributes they need to manage their lives now and in the future. All our lessons are developed and checked by our specialist team of PSHE teachers which includes Heads of House, Deputy and Assistant Heads as well as classroom teachers; we range in ages, backgrounds and opinions and challenge each other on how to improve the provision for our students year on year. Many of us have had or have our own children at The Castle School. Some of the topics and themes we explore are sensitive and difficult, but everything we deliver is thought through and age appropriate for the modern world.

This term, our focus will be on the following key areas:

Week 1 – Monday 8th September

PSHE tutor time: British Values & The Prevent Strategy

Year 11 Specialist lesson: Addiction

Week 2 – Monday 15th September

PSHE tutor time: House Values – Equality & Diversity

Year 7 Specialist lesson: Understanding Loss

Week 3 – Monday 22nd September

PSHE tutor time: Ambition

Year 8 Specialist lesson: Addiction

Extended Tutor Time – Monday 29th September

PSHE tutor time:

Year 7: Relationships

Year 8: Changing Bodies

Year 9: Diversity

Year 10 & 11: CoppaFeel/Oddballs – Cancer Awareness

Week 4 – Monday 29th September

PSHE tutor time: Black History Month, Rule of Law & Lockdown Procedures

Year 9 Specialist lesson: Bereavement

Enrichment Days – Monday 7th & Tuesday 8th October

PSHE tutor time: Year 7: Money Management & Sleep Awareness

Year 8: Health Awareness

Year 9: A variety of sessions including a visit from Broadway Lodge

Week 5 – Monday 6th October

PSHE tutor time: Curriculum Enrichment Assemblies

Year 10 Specialist lesson: Consent

Week 6 – Monday 13th October

PSHE tutor time: Achieve, Belong & Participate

Catch-Up Sessions: Available for all year groups to ensure no student misses out on key learning. We are proud of the breadth and depth of our PSHE curriculum and the way it supports our students' personal development. If you have any questions or would like to know more about any of the topics mentioned, please do not hesitate to contact me or the school office. If you are interested in the PSHE curriculum it is available along with all subject curriculums through the school website.

Thank you for your continued support.

Warm regards,



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The Castle School