

# Sports Enrichment



Monday	Tuesday	Wednesday	Thursday	Friday
<b>PERFORMANCE CRICKET CLUB BOYS VS GIRLS</b> TIME: 7.45AM - 8.40AM WHERE: SPORTS HALL	<b>YEARS 7,8 &amp; 9 GIRLS CRICKET</b> TIME: 7.45AM - 8.40AM WHERE: SPORTS HALL	<b>YEARS 7 &amp; 8 BOYS CRICKET</b> TIME: 7.45AM - 8.40AM WHERE: SPORTS HALL	<b>YEARS 7 &amp; 8 BOYS FUTSAL</b> TIME: 8.00AM - 8.30AM WHERE: SPORTS HALL	<b>YEARS 7,8 &amp; 9 GIRLS FUTSAL</b> TIME: 8.00AM - 8.30AM WHERE: SPORTS HALL
<b>ALL YEARS FITNESS SUITE</b> TIME: 1.30PM - 2.15PM WHERE: QDOS	<b>ALL YEARS FITNESS SUITE</b> TIME: 1.30PM - 2.15PM WHERE: QDOS	<b>ALL YEARS FITNESS SUITE</b> TIME: 1.30PM - 2.15PM WHERE: QDOS	<b>ALL YEARS FITNESS SUITE</b> TIME: 1.30PM - 2.15PM WHERE: QDOS	<b>BADMINTON CLUB SCHOOL PLAYERS ONLY</b> TIME: 1.30PM - 2.15PM WHERE: SPORTS HALL
<b>GCSE PE REVISION</b> TIME: 1.30PM - 2.15PM WHERE: T15/16			<b>YEARS 9,10 &amp; 11 GCSE PE HANDBALL</b> TIME 1.30PM - 2.15PM WHERE: SPORTS HALL	<b>TRAMPOLINE CLUB</b> TIME: 1.30PM - 2.15PM WHERE: SPORTS HALL
				<b>GCSE PE REVISION</b> TIME: 1.30PM - 2.15PM WHERE: J15
<b>BADMINTON CLUB YEARS 7 - 11</b> TIME: 3.30PM - 4.30PM WHERE: SPORTS HALL	<b>ALL YEARS FITNESS SUITE</b> TIME: 3.30PM - 4.30PM WHERE: QDOS	<b>TCS EXERCISE CLASS (PAID MEMBER ONLY)</b> TIME: 3.30PM - 4.15PM WHERE: DANCE STUDIO	<b>ALL YEARS FITNESS SUITE</b> TIME: 3.30PM - 4.30PM WHERE: QDOS	<b>FENCING</b> TIME: 3.30PM - 4.30PM WHERE: SPORTS HALL

There are more clubs listed below...



To check for the latest updates, please visit our website: [www.castleschool.co.uk](http://www.castleschool.co.uk)

# Sports Enrichment



Monday	Tuesday	Wednesday	Thursday	Friday
<b>ALL YEARS FITNESS SUITE</b> TIME: 3.30PM - 4.30PM    WHERE: QDOS	<b>TCS EXERCISE CLASS (PAID MEMBER ONLY)</b> TIME: 3.30PM - 4.15PM    WHERE: DANCE STUDIO	<b>ALL YEARS FITNESS SUITE</b> TIME: 3.30PM - 4.30PM    WHERE: QDOS	<b>CROSS COUNTRY CLUB</b> TIME: 3.30PM - 4.30PM    WHERE: MEET BY THE CHANGING ROOMS	<b>GIRLS FOOTBALL ALL YEARS</b> TIME: 3.30PM - 4.30PM    WHERE: AWP
	<b>YEAR 10 &amp; 11 NETBALL</b> TIME: 3.30PM - 4.30PM    WHERE: SPORTS HALL	<b>YEAR 7 NETBALL</b> TIME: 3.30PM - 4.30PM    WHERE: COURTS	<b>TCS EXERCISE CLASS (PAID MEMBER ONLY)</b> TIME: 3.30PM - 4.15PM    WHERE: DANCE STUDIO	<b>GCSE PE REVISION</b> TIME: 3.30PM - 4.30PM    WHERE: J15
	<b>YEARS 7,8, 9 &amp; 10 SOCIAL NETBALL</b> TIME: 3.30PM - 4.30PM    WHERE: COURTS	<b>GIRLS GYMNASTICS</b> TIME: 3.30PM - 4.30PM    WHERE: SPORTS HALL	<b>YEAR 8 &amp; 9 NETBALL</b> TIME: 3.30PM - 4.30PM    WHERE: COURTS	
	<b>ALL YEARS TABLE TENNIS</b> TIME: 3.30PM - 4.30PM    WHERE: MAIN HALL	<b>YEARS 7,8 &amp; 9 BOYS FOOTBALL</b> TIME: 3.30PM - 4.30PM    WHERE: AWP		
	<b>ALL YEARS GIRLS RUGBY</b> TIME: 3.30PM - 4.30PM    WHERE: FIELD			

Don't forget there is a separate poster for the non-sports enrichment activities.