



Free Access to The Wellbeing Hub – Supporting Our School Community

Dear Parents/Carers

At The Castle School, supporting the mental health and wellbeing of our students is one of our top priorities. To strengthen this commitment, we have invested in **The Wellbeing Hub** – a trusted resource created by experts in child and adolescent mental health and wellbeing.

We are delighted to offer **all parents and carers free access** to this valuable platform.

As a member of The Wellbeing Hub, you will have access to:

- Expert advice on supporting your child's wellbeing including parenting courses
- Articles, videos, and practical tools to help you navigate everyday challenges
- Guidance on topics such as friendships, online safety, resilience, and more
- Monthly webinars with experts in their field to help you support your child
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To help you navigate the platform, you can watch a **guided video tour of The Wellbeing Hub** [HERE](#).

You can save The Wellbeing Hub to your phone or computer so it's easy to find. Click [HERE](#) for a guide on how to do this.

Additional benefits for our school community:

- Staff will have access to a 10-part course to better support students' mental health and wellbeing in school, as well as a range of teaching resources
- Students aged 10+ have their own access to the platform, with resources designed for children and young people

How to register:

1. Click this link to register: https://club.teentips.co.uk/membership-account/membership-checkout/?level=5&discount_code=CastleSchoolParentc9k7f44
2. Fill out the form to create an account

If you have any questions about access, please contact the team at **info@teentips.co.uk**.

We are excited to provide this enhanced level of pastoral support and hope you find The Wellbeing Hub both helpful and inspiring. Your feedback is always welcome.

Best regards,

Sarah Sherring

Assistant Head Teacher
Strategic Lead for SEND
Senior Mental Health Lead