

8 January 2024

Dear Parents/Carers

On Thursday 11 January there will be a timetable change and your Year 11 child will have a PSHE lesson during Period 1. The lesson will be taught in their normal Period 5 lesson and room unless they hear otherwise. The lesson will be PERSONAL SAFETY / ONLINE DATING.

The learning objectives are:

- Know the dangers of dating apps/website, and meeting people from these.
- Know strategies for keeping safe in the local environment or unfamiliar places, safe use of digital devices when out and about.
- Know the risks associated with going out at night, clubbing and holidays abroad.
- Consent with regard to drugs & alcohol –date rape drugs, capacity once drunk.
- Revenge porn and the consequences for both parties.
- Signposting once students have left school.

This is part of our PSHE commitment to now prepare our young people in Year 11 for life beyond The Castle School.

If you feel there are any sensitivities for your child around this subject please let us know.

If it's possible for you to follow up with discussions at home this will help to embed the learning.

If you think of any areas we can improve upon then please let us know.

Kind regards

Yours sincerely



M Wilkins, PSHE Co-ordinator

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