

22 September 2023

Dear Parents/Carers

Year 9 PSHE – Lesson on loss & bereavement

Next Thursday, on 28 September there will be a timetable change and your child will have a PSHE lesson during Period 1. The lesson will be taught in their normal Period 1 lesson and room unless they hear otherwise.

The lesson will be on loss and will investigate bereavement too. We realise that this may well be a highly emotive issue for some students. If you feel like your son or daughter may find this topic difficult, please could you contact their Head of House (and copy me in) to discuss it.

The learning objectives are:

- What is loss and bereavement
- know the process and stages of loss and bereavement
- Understand how grief can affect people
- Know ways of managing grief
- Know how to access support for grief and bereavement

If it's possible for you to follow up with discussions at home this will help to embed the learning.

If you think of any areas we can improve upon then please let us know.

Kind regards

Yours sincerely



MWilkins, PSHE Co-ordinator

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