

December 2018

Dear Parent/Carer

Year 7 Curriculum Enrichment Days – 29 and 30 January 2019

We have now finalised all of the arrangements for the two Curriculum Enrichment days on Tuesday 29 and Wednesday 30 January 2019, details of which are attached. We have endeavoured to provide a range of activities for all students and have subsidised a number of these activities to try to keep costs to parents/carers as low as possible. These Curriculum Enrichment days offer valuable opportunities for students to experience activities not normally available in the curriculum.

We anticipate all students will take part in all activities.

Please read through the information carefully and complete the relevant form(s) attached, which should be returned to the Finance Office at the school, by Monday 14 January at the latest.

In order to finance these trips we ask that parents/carers make a voluntary contribution. We very much hope you are able to contribute; if we do not get enough contributions we will have to cancel the trips. As the school receives a grant for students currently receiving free school meals, we do not require a contribution from these students as this can be funded from the grant, however, a completed consent form is still required. If you have any queries on the funding of this trip, please contact the school's Finance Office.

Unless stated otherwise, all activities offsite will be leaving and returning within the normal school day.

An EV5 external visits form is attached and this will cover all activities off site. **Please ensure this is completed and returned with the permission slip.** If this form is not returned, your child will not be able to go on the trips. Please direct any further enquiries to the named teacher who is organising the trip.

All activities are normal school uniform. Please refer to the individual guidance for each activity for details of any specific clothing requirements.

Yours sincerely



**Mrs F Gormley
Deputy Headteacher**

Year 7 students

Tuesday 29 January		Wednesday 30 January	
GOM Houses	RBY Houses	GOM Houses	RBY Houses
Visit to Places of Worship in Exeter: Synagogue, Cathedral and Royal Albert Memorial Museum	PSHE	PSHE	Visit to Places of Worship in Exeter: Mosque, Synagogue and Cathedral

Costs: Visit to Places of Worship in Exeter: £9.50
There is no cost for PSHE

Important trip information

Visit to Places of Worship in Exeter

Organising teachers: **Mrs N Murnin/Mrs M Norris**

As part of our unit on Religious Authority which looks at how scriptures are used, how communities worship together and how religions follow spiritual guidance, we are visiting places of worship in Exeter. We are visiting a Mosque, a Synagogue and a Cathedral. We will also visit the Royal Albert Memorial Museum in Exeter, where there is a new display of the three faiths: Buddhism, Hinduism and Islam & the Arab World. Students will have a tour of the building and the worship space and have to complete an education booklet which will assist them in their learning of the topic. They will also have the chance to ask questions and talk to the different representatives of the religions. We will leave school at approximately 9.00am and return by 3.20pm.

Students should wear school uniform and bring some form of head covering (scarf or hat), as well as waterproofs. Students will be asked to remove their shoes when entering the Mosque so socks should be worn. Students will need to bring a packed lunch and a drink.

PSHE

Organising teacher: **Mr M Wilkins**

The day will cover the following topics:

Mental Health

Learning Objectives:

- To ensure students are aware of the prevalence of mental health issues in the UK, in particular the issues that may affect young people as they mature.
- To be aware of the help provided within school and wider society for people dealing with challenging situations.

Sleep

Learning Objectives:

- To understand the importance of sleep as developing young people. Looking at not just the amount of sleep but quality and how it is tied to how they prepare for sleep.
- To look at the negative effects of lack of sleep as well as how students can best prepare themselves for a restful night.

Money

Learning Objectives:

- To understand the cost elements of running a household.
- To understand how a bank balance works.

E-Safety

Learning Objectives:

- To understand the dangers the online environment can present to young people.
- To learn the current recognised ways to protect themselves online from unwanted attention.

Future

Learning Objective:

- To consider ambitions for the future.
- To look at obstacles students might encounter on the way to achieving their ambitions.
- Consider how we might overcome these.

CURRICULUM ENRICHMENT DAYS – 29 and 30 January 2019

CONSENT FORMS

Please complete and sign the consent forms and return them to the Finance Office with payment by Monday 14 January. **There is no form or cost for PSHE as it is an in-school activity.**

Places of Worship Visit - Exeter

I would like my son/daughter (student’s name and form) to participate in the Year 7 activity, Places of Worship Visit - Exeter. As parent/carer, I have read, fully understood and am satisfied with the details supplied about the above mentioned activity and agree to my son/daughter taking part in it.

As parent/carer I would be willing/unwilling* to make a voluntary contribution of £9.50 to cover the cost of the trip. I enclose cash/cheque (made payable to The Castle School). I have paid online or by credit/debit card*. (*Please delete as applicable).

I am currently receiving Free School Meals.

a) except for visits abroad, insurance arrangements are the same as for students in educational establishments, ie, that the Academy can only insure against the proven negligence by the Academy and/or its employees; and

b) The Academy is a member of the RPA (Department for Education risk protection arrangement) which provides personal accident cover (see copy of the policy on the school website for details) but I may consider taking out my own travel insurance to supplement this if appropriate.

Emergency telephone number should we need to contact you **(essential)**

Signed Date